

**“Travel with Gina” . . .**

*is NOT a typical tour. You are a friend “Traveling with Me” the way I like to travel. We see the important sights & the real local culture - safely. Due to the ongoing impact of Coronavirus (COVID-19), protecting the safety and wellbeing of travelers, local guides, and suppliers remains my priority and I have adjusted my flexible cancellation and change policy to accommodate the changing times. These trips are good for people who are independent travelers wanting some free time when they travel with a “group of friends”. Not every 5 minutes is planned. We have a lot of free time for individual interests. Many of the people who join this group trip become “lifelong friends” because you have so much in common. Not everyone in our life loves to travel so we need these “traveller friends”. These trips are also for people who want longer, extended & cultural travel. Maybe you are retired already or preparing for retirement? Maybe you want a lifestyle & work-life like Gina’s that allows you to travel as much as you want at any age? Welcome to “Travel with Gina”!*

**“Travel with Gina”**

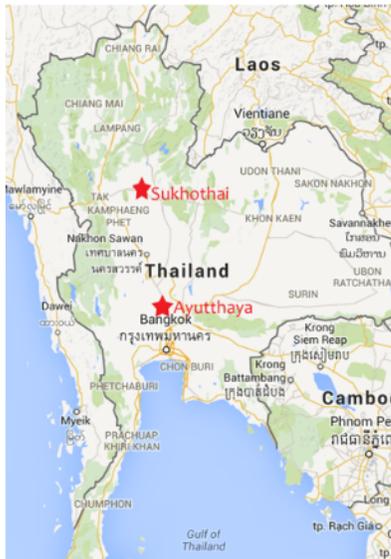
# Thailand Buddhist Temple Tour & More

**Jan 4-12, 2025 (9 days)**

**Land Price: \$1895**

**+ Int’l Air Starting at \$900 (or FREE with 80,000 - 130,000 reward points)**

Single room supplement \$325



## OUR ITINERARY:

**DAY 1 JAN 4 (SAT) Arrive BANGKOK** (2N Bangkok hotel). BANGKOK is known as the 'City of Angels', full of Buddhist temples & palaces located on the lovely Chao Phraya River. Bangkok’s full name in the Thai language is 169-characters long



and is listed in the Guinness Book of World Records for having the longest city name in the world. Our local English-speaking guide will be happy to teach you how to say it!

Our meeting point is our Bangkok hotel. Plan to arrive to Bangkok by noon on January 4. You will need a flight departing the USA on January 2 or 3 in order to **arrive to Bangkok by noon on January 4** (or fly to Bangkok earlier - Gina can book your pre-trip hotel for \$80/night). From the USA our flight crosses the international date line so we lose 12 hours flying to Thailand. We gain this time back on our return! The taxi ride from the airport is approximately 1-1.5 hours depending on traffic (cost \$30 per taxi).



Group orientation at 3pm in the hotel lobby & local walking tour with Gina. Optional group dinner at 6pm overlooking the lovely Chao Phraya River (get to know your new friends in the group!) Enjoy a relaxing Thai massage before bedtime (\$8/hour).



## **DAY 2 Jan 5 (SUN) BANGKOK**

After breakfast at 9am we'll take the "Hop-on Hop-off Boat Adventure" with panorama views of the Chao Phraya River. We will see the most photographed Buddhist temple in the world - "Wat Arun"; the colorful flower market; Chinatown; views of the Grand Palace & Wat Pho, home of Thailand's longest reclining Buddha.

Free afternoon to wander around the local area to shop or have a massage (\$8/hour), facial (\$15/hour) or body scrub (\$25/hour). (Meals: B).

### **Optional afternoon tour to the Grand Palace & Wat Pho:**

Tour the Grand Palace, home of Wat Phra Kaeo & the highly-revered Emerald Buddha (the most sacred Buddha in Thailand) & Wat Pho (the longest reclining Buddha in Thailand). (COST: \$55pp including entrance fees & English speaking guide - 2p minimum). **Please let Gina know by September 15, 2024 if you would like this optional tour.**



### **Optional evening boat cruise:**

Meet in the hotel lobby at 6pm. We'll enjoy the sunset on the river boat to Asiatique along the Chao Phraya River with the temples light up at night - Wat Arun, the Grand Palace and Wat Pho. Enjoy dinner at the many cafes of Asiatique (on your own). We'll return to the hotel by a traditional Thailand tuk tuk in the evening.  
(COST: \$20pp - 2p minimum).

**Please let Gina know by September 15, 2024 if you would like this optional cruise.**



### **DAY 3 Jan 6 (M) AYUTHAYA (2N Ayutthaya hotel).**

Morning two-hour drive in our private air-conditioned van to the ancient city of AYUTHAYA. Ayutthaya was formerly called the 'Venice of the East' due to the situation of three rivers around their central historical 'island', the Chao Phraya being the largest, followed by the Pa Sak river and the Lop Buri river. Founded in 1350, Ayutthaya was the second capital of Siam and **the largest city in the world in 1700**, as it was an important trading region between India, China, and Indonesia.

With our English speaking guide, we will see the most important temple in the Ayutthaya Kingdom, "The Kings Temple" **Wat Phra Si Sanphet** located inside the compound of the Grand Palace. This was the largest temple in the city. The three main chedis have been restored & contain the ashes of three Ayutthaya kings. All three chedis were plundered by the Burmese.



Next we will visit **Wat Maha That**, "the Monastery of the Great Relic". This is an impressive temple hosting the famous "Buddha head" entwined within the roots of a tree. In 1956, a secret chamber was uncovered in the ruins. Among the treasures found inside were gold jewelry, a gold casket containing a relic of the Buddha, and fine tableware.



After lunch at a typical Thai restaurant, we'll take a long-tail boat trip down the three rivers - the Chao Phraya, Pa Sak Lop Buri rivers - where we can spot elephants bathing, feed the open-mouth fish & see local life.

We'll check into our hotel and relax by the pool or enjoy another massage. Free evening for dinner at the hotel restaurant.

#### **DAY 4 Jan 7 (T) AYUTHAYA**

After breakfast we will visit the striking **Wat Yai Chai Mongkol** on the eastern outskirts of Ayuthaya. Its huge chedi rises from a square base surrounded by four smaller chedis & a massive reclining Buddha near the entrance. The wat, built in 1357 under King U Thong, was assigned to monks of a particularly strict order trained in Sri Lanka, members of which still live there. Before you leave, climb the stairs of the chedi for views over the statues and gardens.



Free afternoon to enjoy the hotel pool.

At sunset we will visit **Wat Chaiwatthanaram** - a looted ruin which has become one of the most visited attractions in the Ayutthaya Historical Park on the west bank of Chao Phraya river. Built in the traditional Khmer style, the complex consists of a central prang or spire perched atop a rectangular base amid four smaller prang and eight chedi-like temples. Sunset is an especially beautiful time to visit, when the buildings glow in the late light.



Optional group dinner overlooking the Chao Phraya river. (Meal: B).



#### **DAY 5 Jan 8 (W)**

**AYUTHAYA to SUKHOTHAI** (2N Sukhothai hotel).

After breakfast, morning departure to Sukhothai (5 hour drive with stops). This drive is well worth the time with its beautiful scenery and the historical importance of Sukhothai. Sukhothai was the first capital of the Kingdom of Siam, dating back to the mid-thirteenth century, and it is one of Thailand's most important World Heritage historical sites. This time period is viewed as the golden age of Thai history.

Free afternoon to relax by the hotel pool, have a Thai massage, or stroll to the nearby Chang Elephant temple. Enjoy live traditional Thai dance at the hotel restaurant at 8pm. (Meal: B).

**DAY 6 Jan 9 (TH) SUKHOTHAI.** Enjoy the morning ritual of the monks almsgiving at 645am at the hotel entrance.

Almsgiving is an ancient and noble tradition in Buddhism. It is one of the most important practices for Monks to create spiritual bonds seeking offerings from lay people dating back to over twenty-five centuries at the time of the Buddha.



After breakfast, morning tour of historical Old Sukhothai with five acres of giant ancient Buddhas with our local English-speaking guide. There are 21 historical temples and four large ponds within the old city, with an additional 70 temples beyond the city walls. We'll visit the most impressive temples including Wat Mahathat , the largest temple in Sukhothai with its impressive sitting Buddha. Its famous moat is believed to represent the universe and the cosmic ocean. Next we'll visit Wat Si Chum, with it's Buddha elegant, tapered figures. Free afternoon to visit the local market and the Ramkhamhaeng National Museum to learn more about the Thai kingdom history.



Return to Old Sukhothai for a lovely evening sunset overlooking Wat Mahathat. Free evening to enjoy the hotel pool and have a massage. (Meal: B).

## **DAY 7 Jan 10 (F)**

### **SUKHOTHAI to CHIANG MAI** (2N Chiang Mai hotel).

After breakfast, we have an early departure for Chiang Mai (an inspiring 5 hour drive through scenic rice paddies). Founded in 1296, Chiang Mai was the capital of the independent Lanna Kingdom until 1558. From 1558 until 1774, Chiang Mai and large parts of North Thailand were part of the Burmese kingdom. The Old City of Chiang Mai still retains vestiges of walls and moats from its history as a cultural and religious centre. Chiang Mai is most famous for its hundreds of elaborate Buddhist temples, mountains, & surrounding small villages specializing in crafts such as silver work, wood carving, pottery, umbrellas, and lacquerware.



We will check into our hotel, have lunch & relax by the pool. At 4pm we'll visit the sacred **Wat Phra Doi Sutep Mountain Monastery** for sunset. Visiting Doi Sutep is a spiritual pilgrimage that all Thai's need to make at least once in their lifetime. It's the most-visited, most famous, and most highly revered temple in Chiang Mai. The journey up the winding mountain road to the entrance is an experience in itself. The final leg of the journey requires you to climb 309 steps (or take the tram for \$1) to reach the 600-year-old golden chedi at the top which towers above the surrounding temple building, the monks' living quarters and the city of Chiang Mai.



Free evening to enjoy the nearby Chiang Mai Night Market & Thai massage. (Meal: B).



**DAY 8 Jan 11 (SAT) Chiang Mai.**

After our breakfast buffet, we will take a morning walking tour to the nearby flower market and the Warowot Chinese Market where we can have a traditional Northern Thai lunch in the marketplace (formerly where the royalty housed their elephants). See Northern Thailand's first escalator (it no longer works, but it looks impressive in the marketplace!) Shop for Hill tribe gifts and local crafts.

Free afternoon to enjoy the pool, a massage, a Thai cooking class, cruise the Mae Ping river:

- a. Get a Thai massage for \$8 per hour.
- b. Enjoy a Thai Cooking Classes: half day (\$35-\$45pp - includes transportation, tour of the local farmers market & cooking class).
- c. Cruise the Mae Ping River - Enjoy river scenery, teak houses, numerous bridges, temples. Stop at a farmer's house to learn about local herbs, fruits, rice planting and fishing techniques (2 hour river cruise). Departs every two hours from 9am-5pm [www.maepingrivercruise.com](http://www.maepingrivercruise.com) Cost: \$20pp. They also offer a dinner cruise every evening departing at 6:30pm (90 minutes; cost \$TBD). You can book the day cruise or dinner cruise at the travel agency directly across from our Chiang Mai hotel and the cost includes the roundtrip transportation from the hotel.

At 5pm we will take a walking tour through the famous Night Bazaar & the "Saturday Walking Street" near the Old City (shopping, food & massage).

(Meal: B).

**DAY 9 Jan 12 (SUN) Chiang Mai to USA.** (Meal: B). Flight back to the USA. Or add a trip extension. Airport transfer is available for \$30 (up to 3p). See recommended trip extensions below and at [www.GinaHenry.com/](http://www.GinaHenry.com/).

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**LAND PRICE INCLUDES:**

8 nights hotel (based on dbl. room occ), 8 breakfasts, 1 dinner, all ground transportation, sightseeing & English-speaking guides per the itinerary. A single room supplement is available for \$325pp.

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## HOW TO SIGN UP FOR THIS TRIP?

### Your \$400pp TRIP DEPOSIT

holds your spot and is **100% refundable up to 90 days** of trip departure & **100% transferable up to 60 days** of trip departure.

Due to COVID-19, see Gina's new flexible "Cancellation & Change Policy" on the trip summary brochure page .

**TO RESERVE YOUR SPOT or for more information:**

**contact Gina Henry / Go Global Tours**

**512-751-5096      GinaHenryTravelinfo@gmail.com**

**www.GinaHenry.com**

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**PLUS: Receive a FREE TRIP for yourself (land portion)  
when you bring 8 paying friends on a trip!  
And if you follow the tips in this publication,  
you will also have a FREE AIRLINE TICKET for this trip!**

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### **TRIP EXTENSIONS: Join Gina for all three trips:**

- 1. NEW YEAR'S TOUR in CAMBODIA  
& FAMOUS ANGKOR WAT TEMPLE (6D)**  
Dec 30, 2024 to Jan 4, 2025 (Land cost \$995 + International Air).
- 2. THAILAND BUDDHIST TEMPLE TOUR (9D)**  
Jan 4-12, 2025 (Land cost \$1895 + Int'l air).
- 3. VOLUNTEER TEACH ENGLISH PROGRAM**  
Jan 12-25, 2025 (Land cost \$695, Int'l air).



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#### **4. PRE TOUR Trip Extensions:**

*For those wanting to experience more of Thailand consider arriving early before the tour.*

- a. NEW YEAR'S TOUR in CAMBODIA & FAMOUS ANGKOR WAT TEMPLE (6D)**  
Dec 30, 2024 to Jan 4, 2025 (Land cost \$995 + International Air).
- b. Stay longer in Bangkok (Pre-trip extensions):**

- 1.) Gina can book your extra Bangkok hotel nights (2 hotel options) \$80 or \$45 per night.
  - 2.) Opportunity to visit many more Buddhist temples, museums, the Chatuchak Weekend Market, and more.
  - 3.) One-two night trip to Kanchanaburi / the River Kwai - see the famous “bridge over the River Kwai”. Stay on floating resorts on the river \$50-\$120/night. Enjoy the famous local pumpkin curry soup.
  - 4.) Enjoy the many islands of south Thailand: Fly Bangkok to Phuket Island or Krabi. From Krabi go overland & ferry to Koh (island) Lanta or Koh Lipi islands.
  - 5.) Visit Cambodia, Laos, Vietnam, Bali and more.
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## 5. POST TOUR Trip Extensions:

*For those wanting to experience more of Chiang Mai life consider staying longer after the tour.*

Chiang Mai is Thailand’s second largest city and an excellent retirement destination (safe & excellent medical care).

- a. Gina can book your **Chiang Mai hotel** for any extra nights for \$60/night (single or double room).
- b. See more **Buddhist Temples** in the Chiang Mai area:
  - Wat Phra Singh (reclining Buddha) - Built in the 14th-century. This is one of the most visually impressive temples in Chiang Mai due to a huge renovation in the 19th century.
  - Wat Chedi Luang - The tallest Buddha temple in Chiang Mai adorned with carved serpents & stupas and pagodas dotted around the grounds. *Luang* translates in the old Lanna language to something “very big”. The main chedi is 80 meters tall, making it the highest point in Chiang Mai’s Old City. It was once home to the highly-revered Emerald Buddha, which now takes pride of place in Bangkok’s Grand Palace. Wat Chedi Luang offers a “monk chat” from 9am to 6pm daily - help the monks practice their English by visiting the temple during these hours.
  - Wat Suan Dok (500 year old Buddha bronze image). Participate in the “Monk chat”. Informally talk with the monks. Get to know about monk’s life, Thai culture and tradition, Buddhism, meditation etc. Every Monday, Wed, Friday 4pm – 7pm.
  - Wat Phra That Doi Kham (huge seated Buddha)
  - Wat Chiang Mon (oldest temple in Chiang Mai)
  - Wat Phra That Doi Kham (Temple of the Golden Mountain)
  - Wat Phra That Doi Suthep & Wiang Kum Kam
- c. Hike **Doi Inthanon Mountain** - the highest mountain in Thailand with waterfalls & the twin pagodas (\$75pp - includes guide, transportation & entrance fee).
- d. Visit one of the many **elephant conservation sanctuaries** to learn about Thai elephant life and see elephant bathing. Elephants were a major part of Thai life in the lumbering business which was outlawed in the 1990’s. The elephants and their mahout drivers have had to learn new ways to support their elephants since

elephants eat 10% of their body weight each day. Learn how to feed, bath and care for the elephants Some of the elephant sanctuaries allow elephant riding, most do not - Gina can offer you several recommendations as we get closer to the trip based on your interests. (\$55-\$200pp).



e. Lanna Thai History Museum

f. Three Kings Monument in the Old City.

g. DAYTRIP TO CHIANG RAI: Tour the White Temple, Blue Temple & Black Temple. Option to visit the long-neck hill tribe. Book via the travel agency across the street from our Chiang Mai hotel.



h. Morning Monks Alms Giving: On your own at 6am - take a tuk tuk to Three Kings Monument in the Old City or to Kru Ba Srivichai Shrine at the base of Doi Sutep to see many monks doing their morning alms giving. Or for a tour with a local guide, see [tripadvisor.com](https://www.tripadvisor.com) for guided tours to see the morning monk alms & other Chiang Mai temples for 755 baht = \$25pp (6-9am).

i. Buddhist Meditation 1-Day Program (every M & F) at Wat Suan Dok 930am-5pm - FREE (donation suggested).

j. Massage/manicures/pedicures/facials: Highly recommended is Chai Massage (one block from our hotel). It is best to make an appointment, walk in or call 093 250 8068. Plus there is local massage EVERYWHERE with no appointment needed! My tip: When you find a masseuse you like, keep going back to the same person because they know your body. Typical costs: half hour Thai massage (\$3-\$5), 1 hour Thai massage (\$8-\$10), one hour foot massage (\$8), body scrub (\$25), etc. A 10% tip is appreciated.

k. Saturday Walking Street (Wui Lai Market) south of the Old City, starts 4pm (very crowded after 6pm). HIGHLY RECOMMENDED!

i. Sunday Walking Street (inside the Old City at Thaphae Gate), starts 4pm (very crowded after 6pm). HIGHLY RECOMMENDED!

l. Traditional Thai Dance - Kantoke Dinner at the Old Chiang Mai Cultural Center. Cost approx. \$25pp.

**m. Thai Cooking Classes:**

half day (\$35-\$45pp including transportation & tour of the local farmers market):

- Thai Farm Cooking School [www.ThaiFarmCookingschool.com](http://www.ThaiFarmCookingschool.com) (founded in 2001; Cost 1,200 baht pp; includes roundtrip transportation from your hotel and lunch you prepare). Phone 66-81-288-59-89
- Ajarn Saiyud's Kitchen <https://g.co/kgs/z5mRVnB>
- Thai Kitchen Cookery Centre, [www.thaikitchencentre.com](http://www.thaikitchencentre.com)
- Baan Thai Cookery School, [www.cookin thai.com](http://www.cookin thai.com)

**n. Mae Ping River cruise**

Enjoy river scenery, teak houses, numerous bridges, temples. Stop at a farmer's house to learn about local herbs, fruits, rice planing and fishing techniques (2 hours river cruise). Departs every 2 hours from 9am-5pm [www.maepingrivercruise.com](http://www.maepingrivercruise.com) Cost approx. \$20pp. They also offer a dinner cruise every evening departing at 630pm (90 minutes; cost \$TBD). You can book at the travel agency directly across from our Chiang Mai hotel and cost includes the roundtrip transportation from the hotel.

o. Secret Temple Trek - 1 Day Trip - Chai Lai Orchid

<https://chailaiorchid.com/daytrips-and-elephant-experiences/secretjungle-trek>

p. Chiang Dao Cave & 5 Hill Tribe Villages day trip

<https://www.kkday.com/en-us/product/153371-chiang-dao-cave-5-hill-tribe-villages-day-tour-chiang-mai-thailand>

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## HOW TO EARN A FREE AIRLINE TICKET TO THAILAND?

You will need approximately 80,000-130,000 reward points to fly FREE roundtrip coach class. Please note reward point levels and credit card promotions change frequently. Please confirm with the web sites below. Gina recommends applying for one or more of these reward credit cards to earn a FREE ROUNDTRIP airline ticket for this trip:

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1. When booking through “**Chase Ultimate Rewards**”: Apply for “**The Chase Sapphire Preferred credit card**” offers a 60,000 sign-up bonus when you spend \$4000 in the first 3 months of getting the card. Annual fee \$95, even the first year. Put all your monthly bills on this card to earn the additional points. This credit card is available to you if you do not have any Sapphire cards and have not received a new cardmember bonus for any Sapphire card in the past 48 months. For more information, go to [www.Chase.com/](http://www.Chase.com/). Total 60,000 + 4000 (spend) = 64,000 points. Use Chase Ultimate Rewards to book your flight and receive a 25% bonus = 80,000 points. You can also transfer your Sapphire points to United airlines, but you would miss the 25% bonus.

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2. When booking through **United Airlines**: Apply for “**The United Airlines Explorer credit card**” which offers a 60,000 sign-up bonus when you spend \$3,000 in the first 3 months. No annual fee the first year (\$95 year two). This credit card bonus is available to you if you do not have this card and have not received a new Cardmember bonus for this card in the past 24 months. Put all your monthly bills on this card to earn the additional points. Total 60,000 + 3,000 (spend) = 63,000 points.

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Next: apply for “**The United Gateway credit card**” (30,000 sign-up bonus with a \$1,000 spend in the first 3 months of getting the card = 31,000 more points. No annual fee. Total 31,000 points + 63,000 (above points) = 94,000 points.

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Next: If you have a business, apply for a “**Chase United Business Mileage Plus credit card**” (50,000 sign-up bonus with a \$5,000 spend in the first 3 months of getting the card = 55,000 points. No annual fee year one (\$99 year two). Plus earn 2 miles per \$1 spent on United purchases, dining (including eligible delivery services), gas, office supply stores, and on local transit and commuting. Plus first checked bag free for you and one companion traveling on the same reservations, earn a \$100 United travel credit after qualifying flight purchases, and 1 mile per \$1 spent on all other purchases. Also, 5,000 anniversary bonus miles when you have the UnitedSM Business Card and a personal United credit card\*. Total at least 94,000 (above points) + 55,000 = 149,000 points. For more information, go to [www.United.com](http://www.United.com) or [www.Chase.com/](http://www.Chase.com/).

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3. When booking through **American Airlines**: Apply for “**The American Airlines Advantage Platinum Select World Elite Mastercard**” offers a 50,000 sign-up bonus when you spend \$2,500 in the first 3 months of getting the card. No annual fee first year (Year two \$99). Total 50,000 + 2,500 (spend) = 52,500 points.

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Next: apply for a “**Citi AAdvantage MileUp credit card**” (10,000 sign-up bonus with a \$500 spend in the first 3 months of getting the card). No annual fee ever. Put all your

monthly bills on these cards to earn the additional points. Total at least 10,000 + 500 (spend) = 10,500 points + 52,500 (above points) = 63,000 points.

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**Next:** If you have a business, apply for a **“Citi Advantage Business credit card”** (65,000 sign-up bonus with a \$4,000 spend in the first 4 months of getting the card) = 65,000 + 4,000 (spend) = 69,000 points. Annual fee \$99. Total 63,000 point (above) + 69,000 points = 132,000 points. For more information, go to [www.aa.com](http://www.aa.com) or [www.Citi.com/](http://www.Citi.com/).

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## **RECOMMENDED TRIP INSURANCE**

1. Gina recommends “TravelGuard Preferred” trip insurance. It is based on the trip destination, trip cost & your age. It offers \$50,000 medical insurance along with other coverage (lost baggage, trip delay, etc). Gina recommends purchasing the “additional medical coverage” for a small amount which offers \$100,000 in medical insurance as well as evacuation insurance. Some countries are now requiring you to have \$100,000 in medical coverage to enter. TravelGuard also offers a “cancel for any reason” add-on for just a few more dollars which is a good idea during this time of COVID. Go to [GinaHenry.com](http://GinaHenry.com), click on “Gina Recommends” for the TravelGuard links. Use Gina Henry/Go Global Inc. code #62401.

2. TravelGuard also offers an “Annual TravelGuard Insurance Plan” for \$259 per year - this is what I purchase because I travel so much. If you take 2 or 3 trips a year (in the USA or international) it pays for itself. You only have to be 100+ miles away from home for coverage. It offers two trip evacuations per year, \$50,000 of medical coverage per incident, lost baggage, trip delay, etc. However, it does not offer the “cancel for any reason” add-on offered but the TravelGuard Preferred Trip Insurance”. Go to [GinaHenry.com](http://GinaHenry.com), click on “Gina Recommends” for the TravelGuard links. Use Gina Henry/Go Global Inc. code #62401. Fill out the form with the first trip destination & trip departure date. Make the trip end date exactly one-year and this will calculate your \$259 annual insurance (you don’t need to name all of your trips for the year).

**For more information on TravelGuard,  
please go to my web site at [www.GinaHenry.com](http://www.GinaHenry.com)  
and click under “Gina Recommends” at the top of the web site.**

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